

April 24, 2020 | 20 Nisan 5780 | 15th Day of the Omer |  
Tazria/Metsora/Rosh Chodesh



***Kol HaKavod and Thank You  
to all of the doctors, nurses and essential workers,  
who go to work and keep us safe every day.  
We are so grateful!***

Candle lighting: 7:20 PM

**Shababa to welcome Shabbat for our youngsters, Friday  
mornings at 9:15: [HERE](#)**

**Kabbalat Shabbat, Friday evenings at 5:45 PM: [HERE](#)**

**Shabbat morning services, at 9:30 AM [HERE](#)**  
Torah reading Leviticus 12:1 – 15:33, Etz Hayyim page 649  
Haftorah reading II Kings 7:3-20, Etz Hayyim page 675

**Havdalah, Saturday evening, 4/25 (Ma'ariv at 8:20 with Havdalah 15  
minutes later, bring your own Havdalah things!): [HERE](#) (short musical  
selections with Cantor Ken & Rav Shira and family to follow)**

**Keep Informed of Everything Going on at Temple Israel**  
Follow this up-to-date calendar of activities and links [HERE](#)

[Join](#) our TI Facebook Group [Follow](#) our Facebook Page

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**Temple Israel's Zoom Minyan Makes the News**  
[READ HERE](#)

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Results of our **Yad Chesed Purim Drive**  
Thank you all for your generosity. Temple Israel raised a total of \$794 this year.

# ONLINE SERVICES & ACTIVITIES

**Sunday morning minyan at 9:00 AM** (NEW LINK [HERE](#)):

**Evening minyan (Sunday through Thursday), 7:30 PM** click [HERE](#)

**Morning minyan (Monday through Friday), 7:00 AM,** click [HERE](#)

**Story Time with Rabbi Dan & Todah the Sloth, Mondays at 11:30 AM,** click [HERE](#)

**Coffee Chat with Rabbi** (maximum 10): **Wednesday 11:00 AM:** [CLICK HERE](#)

**Coffee Chat with Rabbi** (maximum 10): **Thursday 11:00 AM (new day and time):** [CLICK HERE](#)

**Thursday Mindfulness Sit with Rabbi Liben at 8:00am :** [CLICK HERE](#)

**Torah study with Rabbi Dena Bodian, Thursdays at 3:00 PM:** [NEW LINK](#)

**Shababa to welcome Shabbat for our youngsters, Friday mornings at 9:15:** [CLICK HERE](#)

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Dear Friends,

During this challenging time, we all can use a little more love. In that spirit, I wanted to apprise you of a wonderful opportunity to cultivate more love through the practice of mindful Jewish prayer, with a wonderful founding teacher of the Institute for Jewish Spirituality, Rabbi Sheila Peltz Weinberg. Sheila, one of my mentors, and the teacher who first introduced me to Jewish Mindfulness practice, was scheduled to be a Shabbat Scholar in Residence at TI this month. Unfortunately, the pandemic forced us to cancel that event.

However, beginning May 3, Sheila will be offering a self-paced 4-week online intensive through the Institute for Jewish Spirituality Prayer Project: *Receiving and Extending Love: Jewish Prayer Through Meditation*. In this mini-course, Sheila uses the *Shema* and its proximate blessings to teach three concrete meditation practices that help us to feel held by an unending stream of divine love and then extend that love more readily to others. These practices also serve to liberate our innate loving capacities of tenderness, compassion, equanimity, and discernment, qualities we can all use more of right now.

I have taken this 4-week module offered by the Institute for Jewish Spirituality, and it continues to enrich both my personal experience of the Shema, and my Mindfulness practice. It is beautiful, and heart-opening. In fact, I am considering signing up for it again- perhaps you will join me!

All are welcome. No prior experience with meditation or Jewish prayer required. Click on the link below to learn more.

Warmly,  
Rabbi Dan Liben

[FLYER HERE](#)

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## ADULT

**Hebrew College will continue offering classes using ZOOM technology!**

**COURAGEOUS CONVERSATIONS: Engaging Across**

**April 30; May 7, 14, 21,28, 9:30-11:00 AM  
with Rabbi Or Rose, Hebrew College**

How do we express our deeply held values and convictions while remaining open to learning with and from people who hold different, even opposing, views? In this course, we will explore a number of case studies relating to religious, political, and ideological challenges and how we might do so with passion *and* compassion. Our study will also include exploration of a number of Jewish and general sources related to issues of dialogue, humility, pluralism, dignity, and truth and reconciliation.

E-mail [office@tiofnatick.org](mailto:office@tiofnatick.org) with any questions.



JUDY GORDON  
EARLY LEARNING  
CENTER

Click [HERE](#) to join our **weekly Friday at 9:15 AM Shababa** celebration for young children and their adults. Next on 4/16

JGELC families can stay abreast of virtual class meetings, story times, and more on Remini.

We are a warm, inclusive, child-centered preschool, welcoming children 16 months - 5 years of age. Full and part-day schedules.  
508.650.3521 x122 [www.judygordonelc.org](http://www.judygordonelc.org)



IDA & CHARLES GILVARG  
RELIGIOUS SCHOOL  
TEMPLE ISRAEL of NATICK

Looking for a Mitzvah Project? The residents at Shillman House would love to hear from you in any number of ways:

1. Letters and pictures can be mailed directly to:  
**Shillman House**  
49 Edmands Rd, Framingham, MA 01701  
Mailbox 1 : Attention Jennifer Rich
2. Videos of you or your children singing, playing an instrument, telling a joke or anything else can be emailed to [jrich@2lifecommunities.org](mailto:jrich@2lifecommunities.org) and they will be posted on the CLOSED AND PRIVATE facebook page for residents.
3. Email greetings and letters [HERE](#)



Online [Registration](#) for  
K-12 Youth Programming

[UPCOMING EVENTS](#)

[HaNer Calendar](#)

All programming is online for now. In the meantime, please make sure to follow... HaNer USY on Facebook, haner usy on Instagram and International USY, and USY on Facebook, Instagram, and @usyeverywhere



**STREAMIN' SPRING**  
**A Binge-Worthy Week**

**Virtual Spring Covention for 7th-12th Graders.**  
**Events will happen during the week of May 4-10**

**For Quick Sign-Up Go To:**  
**regpacks.com/haner1920 BY April 30th**

**Choose From Two Packages:**  
**Basic Package - Free (all events aside from the Escape Room)**  
**Premium Package - \$18 (includes all events plus a professional Escape Room on 5/6)**

**FEATURING: Fun Programs - Grade Bonding - Game Night - Elections - Musical Kabbalat Shabbat - End of the Year Slide Show - Senior Programs - Installation - Escape Room - FRIENDS, FUN & MORE!**

**USY HaNer**

**For more info contact: Joyce at juda@uscj.org**

**Spring Convention is going virtual and you're invited! There are two options and one is FREE! Make sure you register by **April 30th.****  
**[REGISTRATION HERE](#)**

**We can't hang out in person but can hang out online!**  
**[Click for Flyer with all Zoom links](#)**  
**Check your emails from Michelle**

**Sr. USY Board Meetings: Tuesday at 3pm [click here](#)**  
**Jr. USY Board Meetings: Mondays at 4pm [click here](#)**

**Virtual Lounges- Bring your own snacks!**  
**Grades 6-8 Tuesdays at 7:30pm [click here](#)**  
**Grades 9-12 Thursdays at 7:30pm [click here](#)**

**Michelle will be hosting virtual events for students grades K-5 weekly using Zoom.**  
**Grades K-2 Thursdays at 3:30pm [click here](#)**  
**Grades 3-5: Thursdays at 4:30pm [click here](#)**



**Sisterhood Board Meeting**  
**Apr 28, 2020 at 8:00 PM**  
Zoom link has been emailed

Announcing the Temple Israel Sisterhood  
**Slate of Officers for 2020-2021 (5780-5781)**  
Click **[here!](#)**

# MEN'S CLUB



**Men's Club "Happy-ish Hour"**, Thursday, April 30 8:00 PM. Like Men's Clubs around the country, we are hosting a Zoom Happy Hour for our members to get together and shoot the breeze for an hour or so. Please join us this coming Thursday for some welcome camaraderie. Link [HERE](#) (password: scotch)

## Condolences

Condolences to:

- The family of Temple member Harvey Leavitt on his death.
- Melvin and Michael Albert on the death of their mother, long-time Temple member Edna Albert
- Omi Cantor on the death of her husband, Temple member Paul Cantor.
- David and Alissa Talamo on the death of David's father S. Charles Talamo
- Chip and Susan Horowitz on the death of Chip's mother Irma Horowitz.

## YAHREZEITS

April 25 - May 1 | 30 Nisan - 7 Iyyar



Max Kruger, Joseph Rubin, Leonard Sudenfield, Isaac Ziering, Lillian Brodie, Rose Cohen, Bessie Werlin, Sarah Berman, Rita Engel, Su Hochberger, Gerald Kramer, Elijah Kravitz, Solomon Wexler, Anita Yorks, Albert Geller, William Dana Kloper, Doris Levine, Samuel Schwartz, Margaret Werlin, Rose Bressler, Dr. Harold Cohen, Ida Gordon, Harvey Krieger, Martin Neus, Francine Novick, Maurice Rodman, Jack Segal, Edward Vale, Ida Cion Zucker,

Margery

Grunes, Florence Horowitz, Milton Klein, Abraham Levin, Melvin Murman, Ruth Yolen Stern, I. Lester Yaffe

## COMMUNITY EVENTS & INSTITUTIONS

### JF&CS is here to help!

The COVID-19 crisis is impacting families throughout our community. As we all work on adjusting to our new, albeit temporary, normal, we are left trying to create new routines in our lives. With schools, day programs, and places of employment closed, this is particularly important for individuals with disabilities and their families. Predictable structure is vitally important for this population, but it is very difficult to create and provide, especially during a time of such uncertainty.

If you or anyone you know has a loved one who is currently at home and is missing their daily structure, feeling isolated and bored, and/or is displaying behaviors that could benefit from some interventions, we can provide assistance! Please contact us to schedule a FREE phone call or video meeting so we can help you put together a schedule for your loved one and troubleshoot any challenging behaviors they are exhibiting.

Contact us at [drn@jfcsboston.org](mailto:drn@jfcsboston.org) or 781-693-5640, and we will connect you with a staff member who can provide coaching and support during this crisis.

## FLYER HERE

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### **Commercial Single Stream Recycling Guide**

Single-Stream recycling is a process in which materials are collected mixed together with no sorting required by you the recycler. This means cans and bottles can be recycled together with newspaper, junk mail, cardboard and many other recyclables.

### **Gift Card Fundraising Program**

Temple Israel's **Scrip Fundraising Program Returns!** Order your scrip cards for movie theaters, supermarkets, drug stores, & more. You pay face value, and Temple Israel gets a small percentage of the sales. An easy way to help support Temple programming! Contact **Stuart Alford** to place an order or help out at **617-216-5477** or [Stuart@Alford.xyz](mailto:Stuart@Alford.xyz)

## **VOLUNTEER OPPORTUNITIES**

Volunteer family needed to identify **chumashim** that are in need of repair. Three (3) hour project to be done in the building by a single family. If you would like to help out, contact [director@tiofnatick.org](mailto:director@tiofnatick.org) to schedule a time.

**Temple Israel's Caring Committee** seeks volunteers to visit the sick, shop, run errands, cook meals, provide transportation & babysit. Contact Annette at [artziegler@rcn.com](mailto:artziegler@rcn.com). The care that is still possible to provide during these times may be especially needed.



### **CJP Warmline**

The [CJP Warmline](#) is available for those in financial distress.

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**Temple Israel of Natick** | 508-650-3521

**Keep in Touch!** Let us know if one of your friends or family members would like to receive TI emails, has accidentally unsubscribed, or has a new email address.

Our website is [www.tionatick.org](http://www.tionatick.org), and you can [like us](#) on Facebook, and follow us on [Twitter](#). Temple members can join our private [Facebook Group](#).

