

V'ahavta highlights the opportunities we have throughout the day to bring God and Torah into our lives. Like a map, it guides us to connect with Jewish teachings from morning to evening, at home and away, with feelings, thoughts, and speech.

l your heart, and
ght. Let these words
n your heart. Teach
it them when you
u lie down and rise
nd have them be
e doorposts of your

וְהָיָה אִם-שָׁמַעְתֶּם
מְצוּהַ אֶתְכֶם הַיּוֹם
וְלֹעַבְדוֹ בְּכָל-לֵבָב
מִטֶּר-אֲרָצְכֶם בָּעֵת
וְתִירְשֶׁהָ וַיִּצְהַרְדָּהּ

s Blessings

Shema שְׁמַע

שְׁמַע יִשְׂרָאֵל יְהוָה אֱלֹהֵינוּ יְהוָה אֶחָד.

Listen, Israel! Adonai is our God.
Adonai is One.

בָּרוּךְ שֵׁם כְּבוֹד מְלָכוּתוֹ לְעוֹלָם וָעֶד.

Blessed is God's holy name forever and ever.

We each have a unique, individual relationship with God. Yet God is *Eloheinu*, "our God." Even though we each relate to God differently, God remains One.

